



HEALTH GENE

Healthy Genie studies 83 top-informative DNA variations in 43 different categories summarized in 12 macro categories. We are offering personalized insights into the genetic traits and their impact on diet, nutrition, and overall well-being, empowering one to make informed choices for a healthier lifestyle.



Your Answers Lie Within Your Genes

"Your genes provide valuable insights for personalized healthcare, helping you understand disease risks, optimize lifestyle choices, and tailor interventions for better health."

www.dromicslabs.com

Why Choose Nutrigenomics?

Precision Nutrition

Say goodbye to one-size-fits-all diets! Our Nutrigenomics test provides you with a personalized nutrition plan based on your genetic profile,



Optimal Weight Management

Struggling to maintain a healthy weight? Discover the genetic factors that influence your metabolism



Customized Meal Plan

Discover the type of diet that align with your genetic makeup.

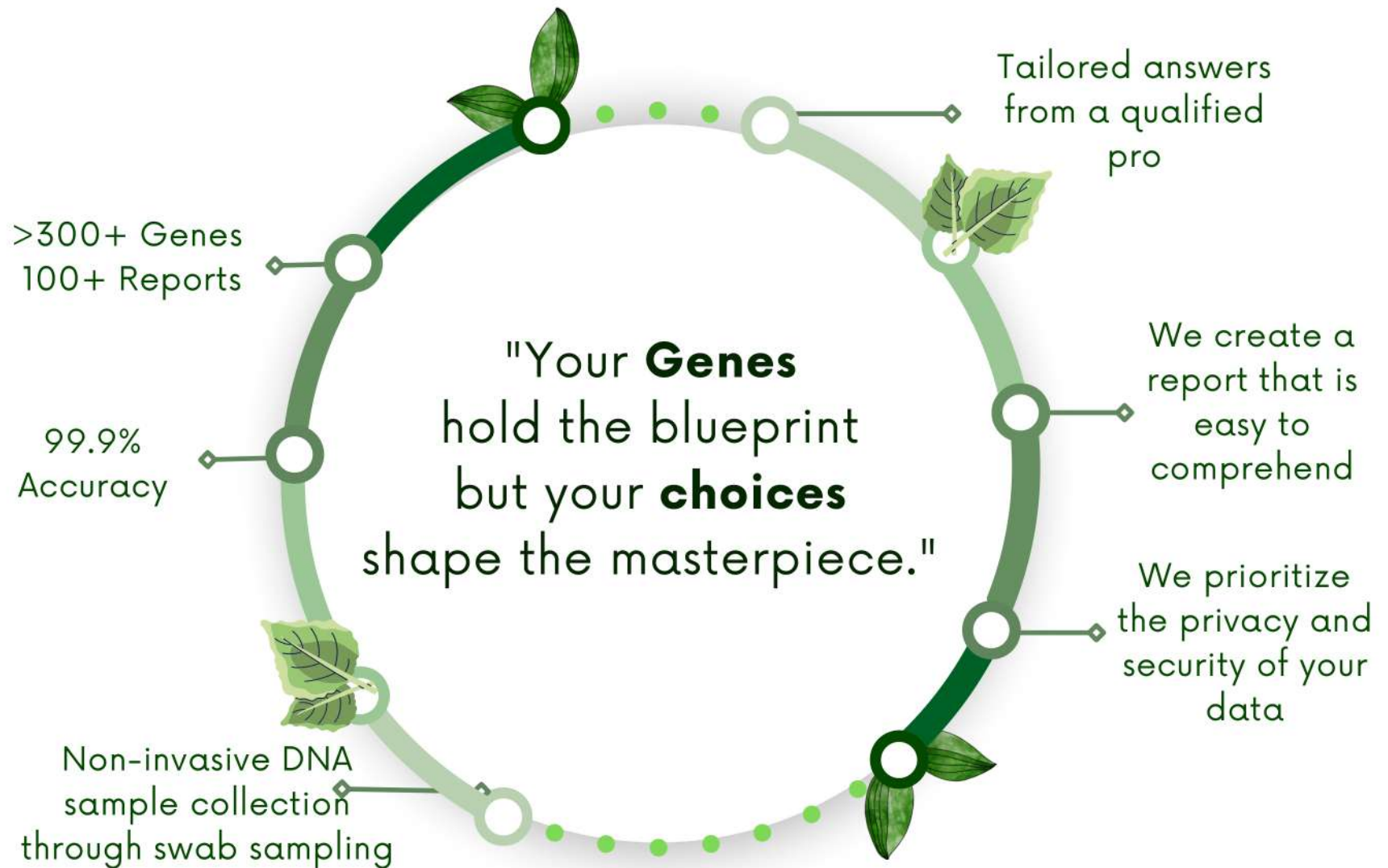


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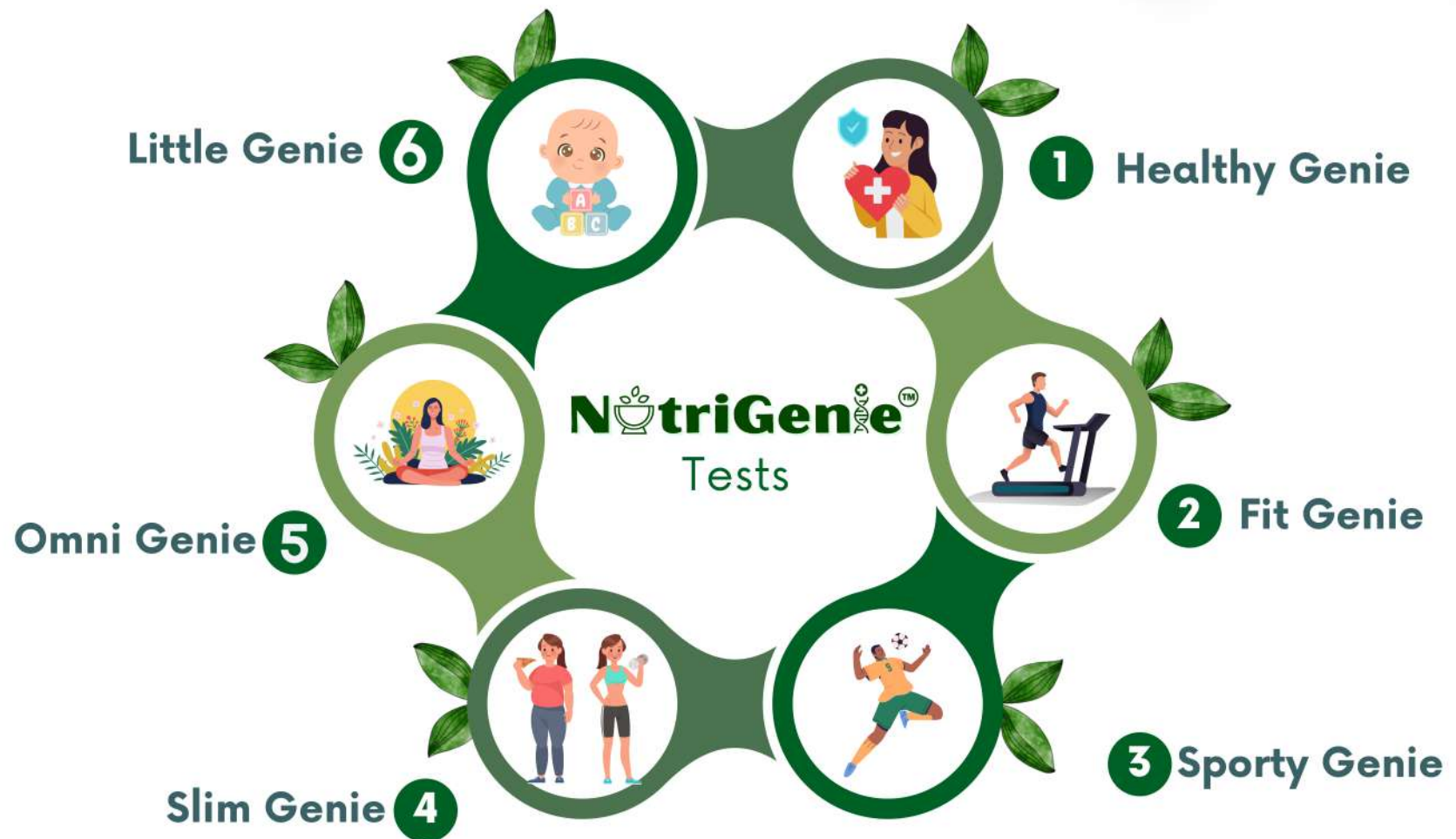
Category	Trait
Behavioural genetics in food intake	Appetite and anxiety risk
	Satiety
	Snacking
Fat metabolism	Response To Monounsaturated Fats
	Response To Polyunsaturated Fats
	Response to fat intake to improve the HDL levels
Carbohydrate metabolism	Capability to digest starchy food
Lipid metabolism	HDL levels
	Triglycerides level
	LDL levels
Glucose metabolism	Insulin resistance
Matching diet type	Efficacy of low carbohydrate diet
	Efficacy of low fat diet
	Efficacy of high fiber Intake
	Response to Mediterranean diet
	Response to Keto diet
Flavour sensitivities	Sweet perception
	Bitter taste perception
	Tendency to prefer fatty foods
	Salt Sensitivity
Detoxification imbalances	Antioxidant capability
Intolerance/ Sensitivity	Lactose
	Gluten
	Caffeine
Allergy	Egg allergy
	Peanut allergy

Category	Trait
Vitamin deficiency risk	Vitamin A
	Vitamin B2
	Vitamin B6
	Vitamin B9
	Vitamin B12
	Vitamin C
	Vitamin D
	Vitamin E
	Vitamin K
Supplementation	Zinc
	Selenium
	Choline
	Homocysteine
	Low Iron status
	Iron Overload
	Magnesium
	Omega 3 and Omega 6
Calcium	
Phosphate	





Explore Our Wide Range of Nutrigenomics Tests



Explore these easy steps to Healthier You.



OUR GRANTS AND CERTIFICATIONS

PARTNERED WITH CERTIFIED LABS

CONTACT US

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