



HEALTH GENIE PLUS

Gain a holistic understanding of your health with the HealthyGenie Plus test, offering comprehensive insights into nutrigenomics with 164 top-informative DNA variations in 71 different traits summarized in 14 macro categories. It is empowering you to make informed decisions about nutrition, physical activity, and preventive healthcare measures based on your unique genetic makeup.



Your Answers Lie Within Your Genes

"Your genes provide valuable insights for personalized healthcare, helping you understand disease risks, optimize lifestyle choices, and tailor interventions for better health."

www.dromicslabs.com

Why Choose Nutrigenomics?

Precision Nutrition

Say goodbye to one-size-fits-all diets! Our Nutrigenomics test provides you with a personalized nutrition plan based on your genetic profile,



Optimal Weight Management

Struggling to maintain a healthy weight? Discover the genetic factors that influence your metabolism



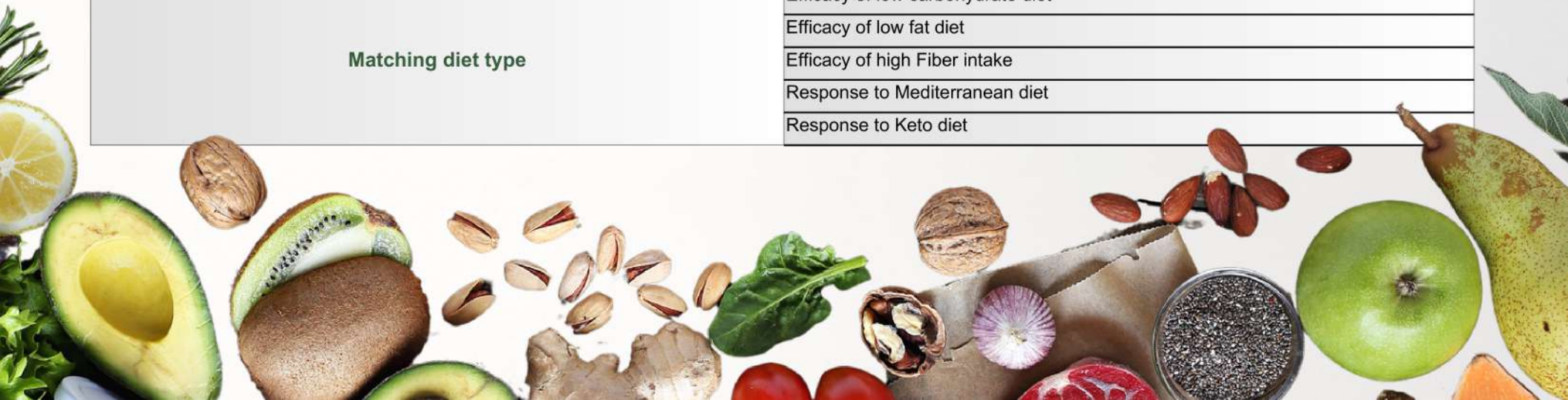
Customized Meal Plan

Discover the type of diet that align with your genetic makeup.



HEALTH GENIE PLUS

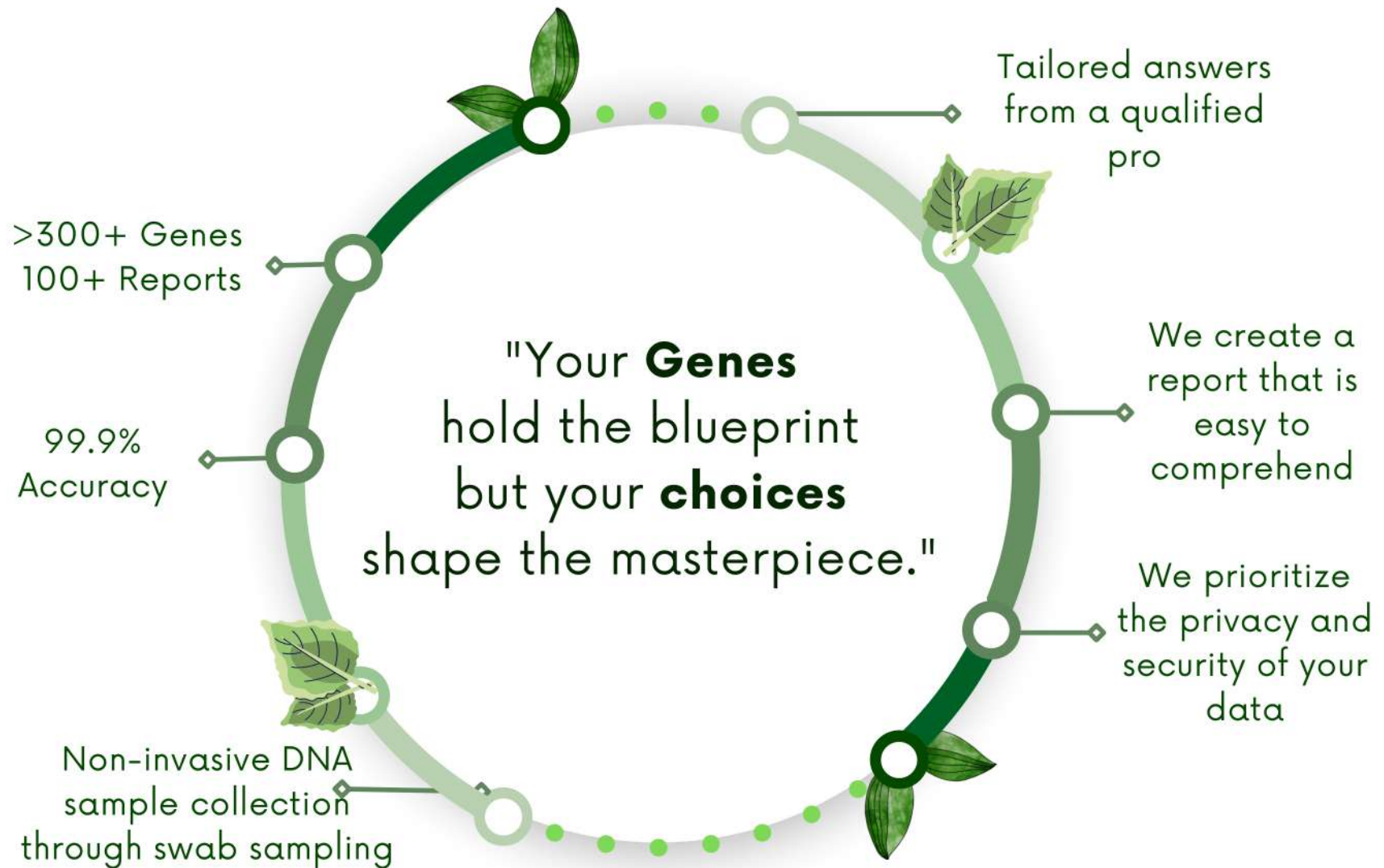
Category	Trait
Disease risk	Cardiovascular conditions
	Neurological disorders
	Respiratory disorder
	Endocrine and Metabolic disorders
	Gastrointestinal disorders
	Musculoskeletal conditions
	Ophthalmological conditions
	Renal and Urinary disorders
Lifestyle influence	Anxiety
	Sleep
	Nicotine dependence
	Alcohol dependence
Injury risks and other complications	Achilles Tendon injury
	Muscle injury
	Pain
	Bone mineral density
Response to physical exercise	Exercise and weight loss
	Exercise and blood pressure
	Exercise and insulin sensitivity
Matching diet type	Efficacy of low carbohydrate diet
	Efficacy of low fat diet
	Efficacy of high Fiber intake
	Response to Mediterranean diet
	Response to Keto diet



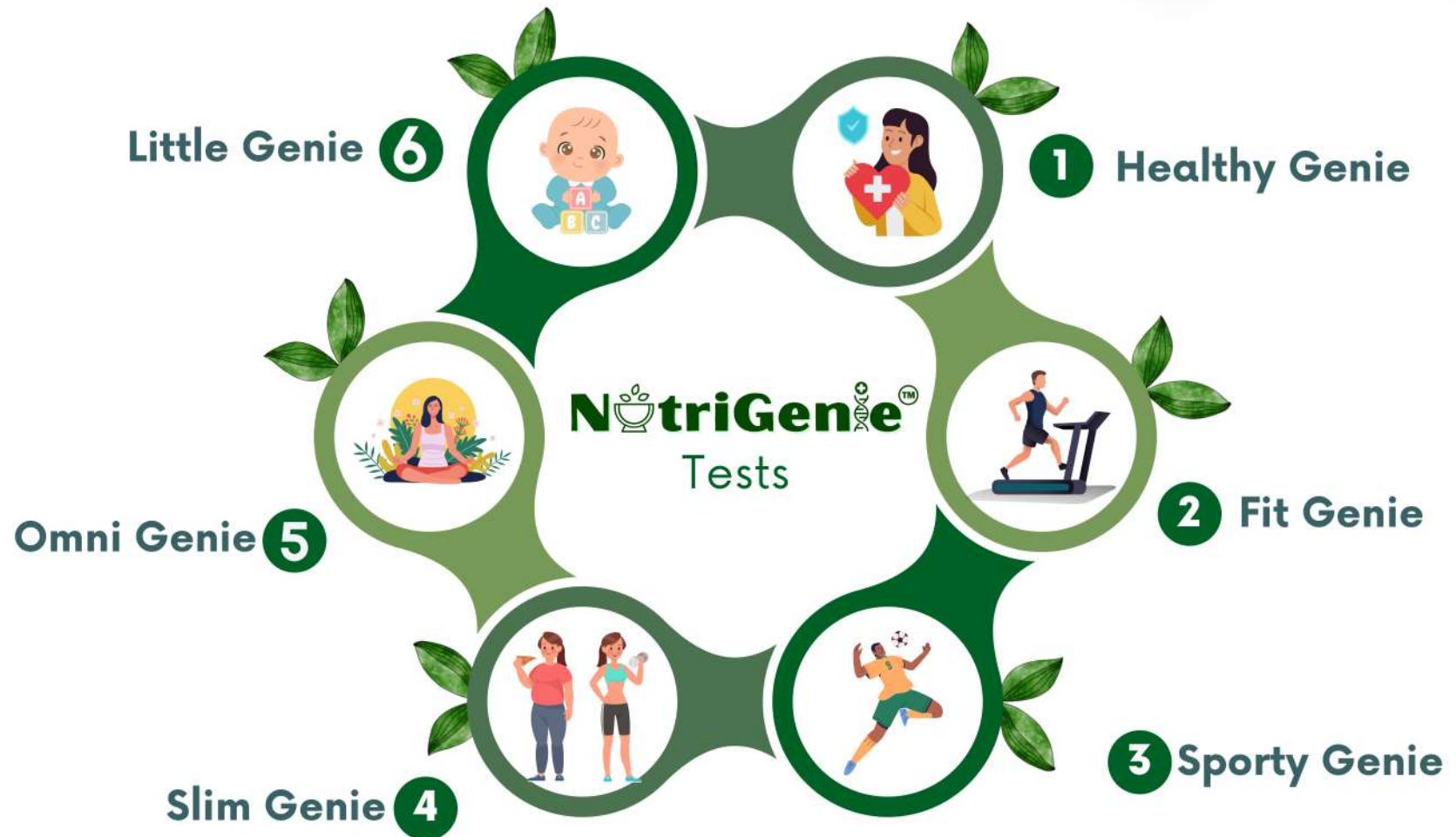
HEALTH GENES PLUS

Category	Trait	Category	Trait	
Behavioural genetics in food intake	Appetite and anxiety risk	Nutrient needs	Vitamin A	
	Satiety		Vitamin B2	
	Snacking		Vitamin B6	
	Carbohydrate intake		Vitamin B9	
	Protein intake		Vitamin B12	
	Fat intake		Vitamin C	
	Sweet perception		Vitamin D	
	Bitter taste perception		Vitamin E	
	Tendency to prefer fatty foods		Vitamin K	
	Salt sensitivity		Response To Monounsaturated Fats	
Food intolerances	Lactose	Macromolecule metabolism	Response To Polyunsaturated Fats	
	Alcohol		Response to fat intake to improve the HDL levels	
	Caffeine		Capability to digest starchy food	
	Gluten		HDL levels	
Allergy	Peanut allergy		Triglycerides level	
	Egg allergy		LDL levels	
Detoxification imbalances	Antioxidant capability		Glucose metabolism	
Body weight and composition	BMI		Supplementation	Zinc
	Waist Hip Ratio			Selenium
	Waist Circumference			Choline
Fitness and physical activity	Motivation to exercise	Homocysteine		
	Power and strength	Low Iron status		
	Endurance	Iron Overload		
	Flexibility	Magnesium		
	Aerobic potential	Omega 3 and Omega 6		
		Calcium		
		Phosphate		





Explore Our Wide Range of Nutrigenomics Tests



Explore these easy steps to Healthier You.



OUR GRANTS AND CERTIFICATIONS

PARTNERED WITH CERTIFIED LABS

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