SlimGenie

Slim Genie studies 139 top-informative DNA variations across 62 different traits, which are summarized in 12 macro categories. Introducing truly personalized weight management strategies with the Slim Genie test, which offers insights into the complex interplay between genetic makeup, diet, exercise, and obesity. It empowers individuals to adopt sustainable lifestyle changes for long-term health and well-being.

Your Answers Lie Within Your Genes

"Your genes provide valuable insights for personalized healthcare, helping you understand disease risks, optimize lifestyle choices, and tailor interventions for better health."

www.dromicslabs.com

Why Choose Nutrigenomics?

Precision Nutrition

Say goodbye to one-size-fits-all diets! Our Nutrigenomics test provides you with a personalized nutrition plan based on your genetic profile,

Optimal Weight Management

Struggling to maintain a healthy weight? Discover the genetic factors that influence your metabolism
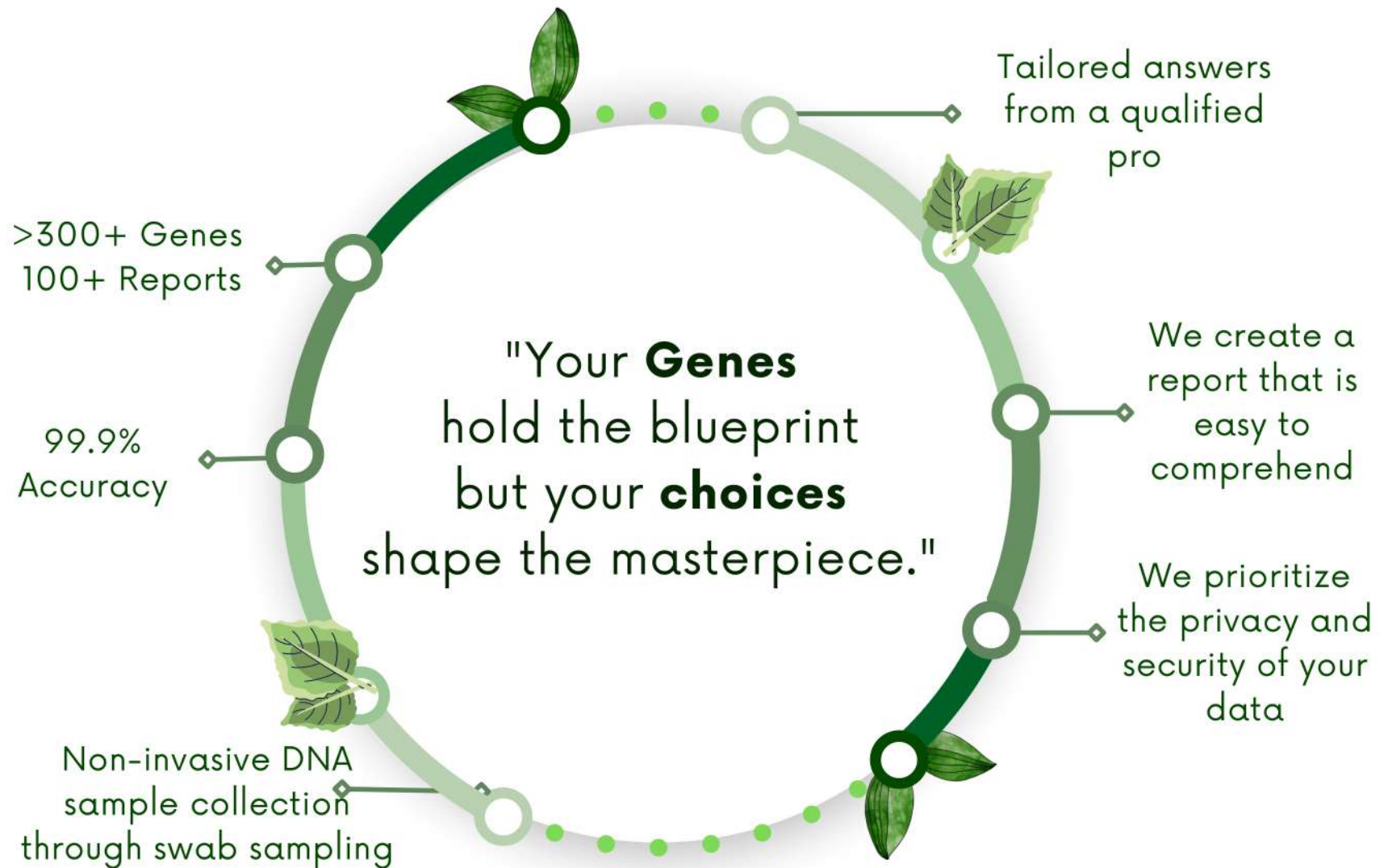
Customized Meal Plan

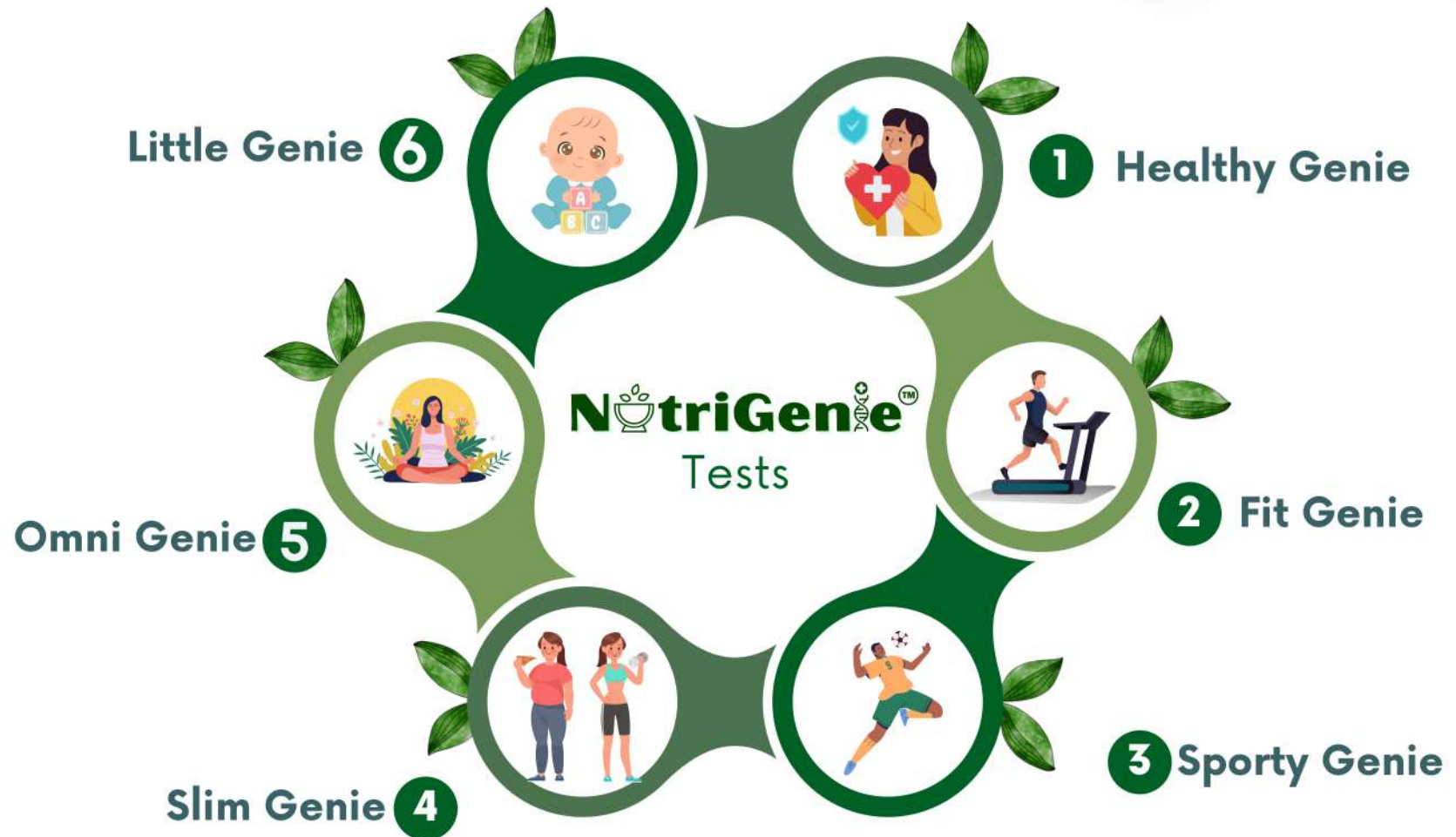Discover the type of diet that align with your genetic makeup.

SlimGenie

Category	Trait
Matching diet type	Efficacy of low carbohydrate diets
	Efficacy of low fat diets
	Efficacy of high Fiber Intake
	Response to Mediterranean Diet
	Response to Keto Diet
Food intolerances	Lactose
	Alcohol
	Gluten
Allergy	Peanut
	Egg
Detoxification imbalances	Antioxidant capability
Body weight and composition	BMI
	Waist Hip Ratio
	Waist Circumference
Lifestyle influence	Anxiety
	Sleep
Fitness and physical activity	Motivation to Exercise
	Power and Strength
	Endurance
	Flexibility
	Bone mineral density
Behavioural genetics in food intake	Appetite and anxiety risk
	Snacking
	Sweet perception
	Bitter taste perception
	Tendency To prefer fatty foods
	Salt sensitivity
	Carbohydrate intake
	Protein intake
	Fat intake

Category	Trait
Pathologies associated with obesity risks	Risk of obesity and adiposity trait
	Risk of obesity and blood Pressure/ hypertension
	Risk of obesity and type 2 diabetes
Macromolecule metabolism	Response to Monounsaturated Fats
	Response to Polyunsaturated Fats
	Response to fat intake to improve the HDL levels
	Capability to digest starchy food
	HDL levels
	Triglycerides level
	LDL levels
	Glucose metabolism
Nutrient metabolism	Vitamin A
	Vitamin B2
	Vitamin B6
	Vitamin B9
	Vitamin B12
	Vitamin C
	Vitamin D
	Vitamin E
	Vitamin K
Supplementation	Zinc
	Selenium
	Choline
	Homocysteine
	Low Iron status
	Iron Overload
	Magnesium
	Omega 3 and Omega 6
	Calcium
	Phosphate

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We create a report that is easy to comprehend

"Your **Genes** hold the blueprint but your **choices** shape the masterpiece."

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1 Healthy Genie

Omni Genie **5**

2 Fit Genie

NutriGenie™
Tests

Slim Genie **4**

3 Sporty Genie

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