



SportyGenie[™]

Optimize your athletic performance with the Sporty Genie test, which provides personalized insights into nutrition and sports performance, enabling tailored dietary and exercise plans to help you reach your fitness goals and excel in your chosen sport with confidence and precision. SportyGenie studies 116 top-informative DNA variations in 49 different traits summarized in 10 macro categories



Your Answers Lie Within Your Genes

"Your genes provide valuable insights for personalized healthcare, helping you understand disease risks, optimize lifestyle choices, and tailor interventions for better health."

www.dromicslabs.com

Why Choose Nutrigenomics?

Precision Nutrition

Say goodbye to one-size-fits-all diets! Our Nutrigenomics test provides you with a personalized nutrition plan based on your genetic profile,



Optimal Weight Management

Struggling to maintain a healthy weight? Discover the genetic factors that influence your metabolism



Customized Meal Plan

Discover the type of diet that align with your genetic makeup.

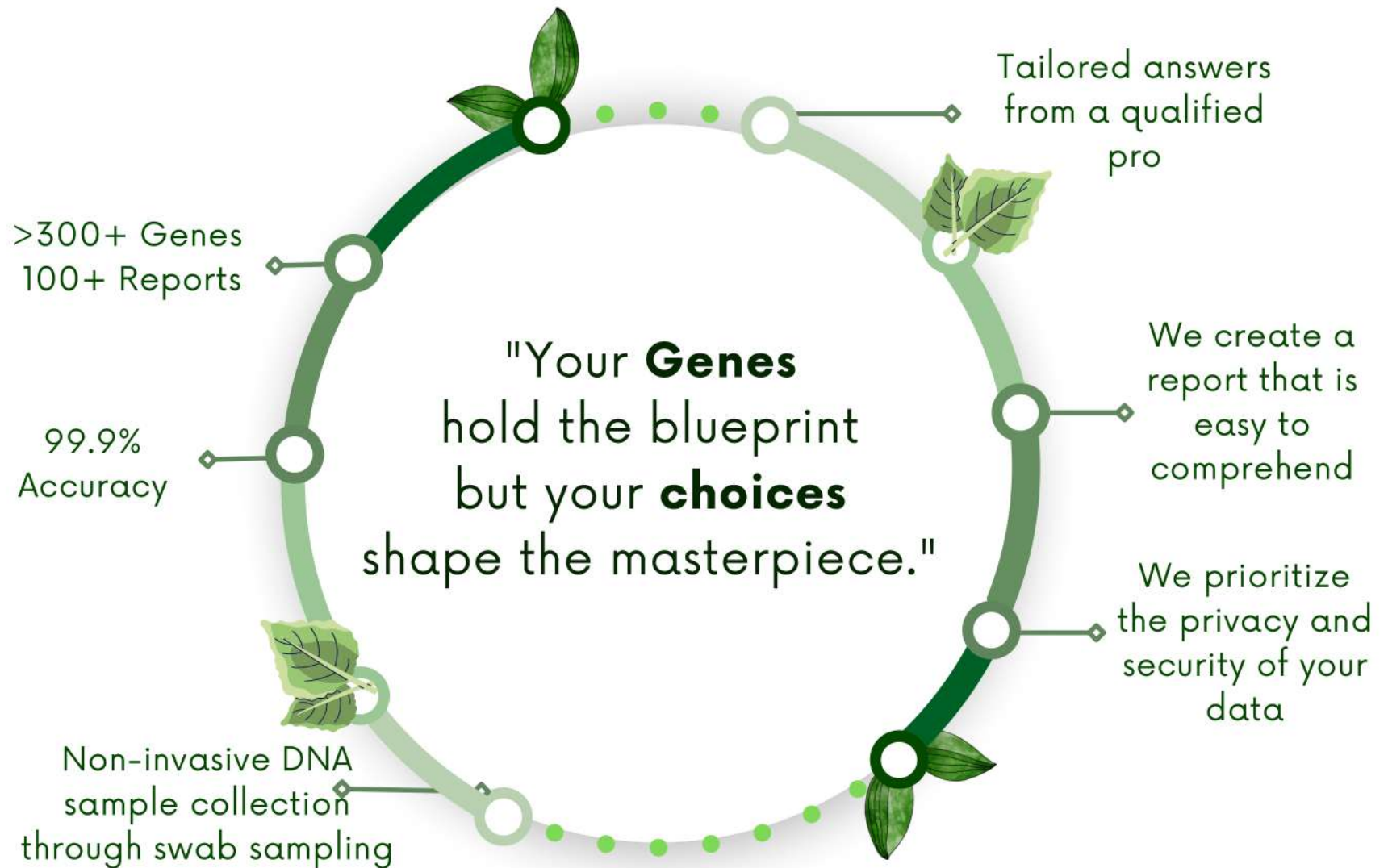


SportyGenie

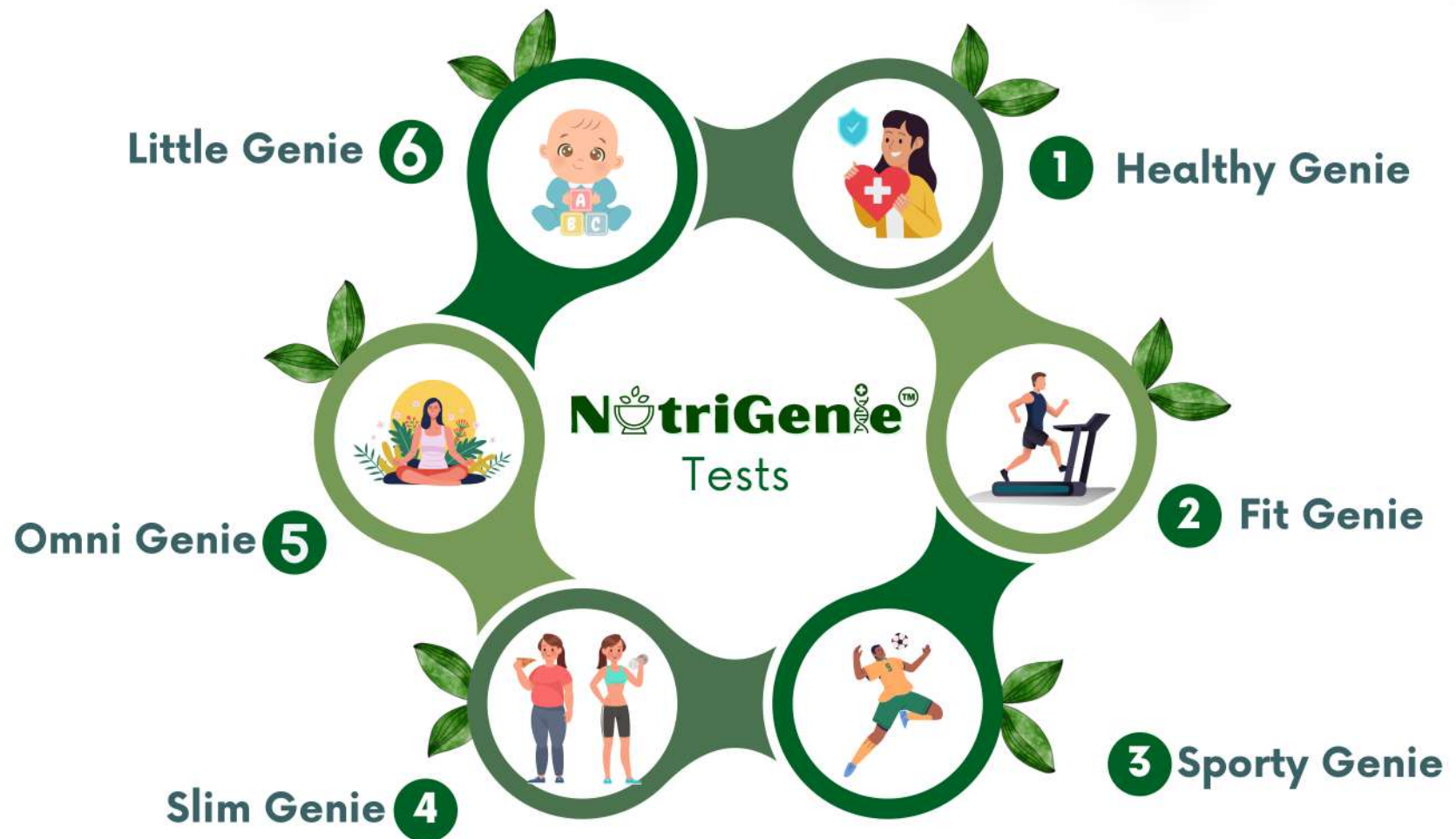
Category	Trait
Performance	Strength
	Power
	Endurance
Strength & training	Muscle strength
	Muscle response to resistance training
	Skeletal muscle performance
Complications and injury	Achilles tendon injury
	Anterior Cruciate Ligament (ACL) rupture
	Joint injury risk
	Exercise-associated muscle cramping
	Exercise-induced muscle damage
	Stress fracture
Response to physical exercise	Aerobic performance
	Exercise and weight loss
	Exercise and blood pressure
	Exercise and insulin sensitivity
Muscle and performance	Motivation to exercise
	Muscle soreness
Eating habits	Satiety
	Snacking
	Sweet perception
	Bitter taste perception
	Tendency to prefer fatty foods
	Salt sensitivity
	Starch digestion

Category	Trait
Food intolerances	Lactose
	Alcohol
	Gluten
Allergy	Peanut
	Egg
Nutrient metabolism	Vitamin A
	Vitamin B2
	Vitamin B6
	Vitamin B9
	Vitamin B12
	Vitamin C
	Vitamin D
	Vitamin E
	Vitamin K
Supplementation	Zinc
	Selenium
	Choline
	Homocysteine
	Low Iron status
	Iron Overload
	Magnesium
	Omega 3 and Omega 6
	Calcium
Phosphate	





Explore Our Wide Range of Nutrigenomics Tests



Explore these easy steps to Healthier You.



OUR GRANTS AND CERTIFICATIONS

PARTNERED WITH CERTIFIED LABS

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